B	REAKFA	STAME	NU) 🧉	🚳 🍅	<u> </u>		R
	Peekskill Elementary	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Breakfast Menu				1	2	5
	BREAKFAST PRICES Type A Breakfast \$1.10 Reduced Breakfast \$0.25 Milk/Chocolate Milk \$0.35 100% Juice 4 oz \$0.35				Egg Patty w/ American Cheese on a Whole Wheat Roll Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	Whole Wheat Waffles w/ Syrup Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	3
	<u>PREPAID BREAKFASTS</u> <u>AVAILABLE</u>				Antipolity and a second		
	AVAILABLE10 Breakfasts=\$11.0020 Breakfasts=\$22.0030 Breakfasts=\$33.0040 Breakfasts=\$44.00ALL STUDENT BREAKFAST	5 Low Sugar Cereal Choices Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	6 (P) Ham and American Cheese On a Whole Wheat Bagel Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit	7 Egg Patty w/ American Cheese on a Whole Wheat Roll Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit	8 Low Fat Vanilla Yogurt w/ Peaches and Granola Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit	9 Whole Wheat Blueberry Muffin Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	
	INCLUDES		Choice or Milk	Choice of Milk	Choice or Milk		
0	1% Milk, Skim White or Skim Chocolate Milk & 100% Juice or Fresh Fruit	12 Oatmeal With Cinnamon Or	13 Whole Wheat Blueberry Muffin Or	14 Low Fat Vanilla Yogurt w/ Peaches and Granola	15 Egg Patty w/ American Cheese on a Whole Wheat Roll	16 Whole Wheat Blueberry Muffin Or	
	<u>AVAILABLE DAILY</u> Whole Grain Bagel w/ Low Fat Cream Cheese Low Sugar or Sugar Free Cereal *If you have a food allergy, please	Whole Wheat Bagel W/ Cream Cheese Juice or Fruit Choice of Milk	Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit	Or Whole Wheat Bagel w/ Cream Cheese Juice or Banana	Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Mil	9
	speak to the Director or Lead			Choice or Milk	Choice of Milk		B
	Server. *Consuming raw or under- cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medi- cal conditions. *Menu is subject to change, notice posted when avail- able. If you have any questions or would like additional Information regarding this menu, please con-	19 Whole Wheat French Toast w/ Syrup Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	20 Egg Patty w/ American Cheese on a Whole Wheat Roll Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	21 Whole Wheat Banana Muffin Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	22 Low Fat Vanilla Yogurt w/ Peaches and Granola Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice or Milk	23 Whole Wheat Waffles w/ Syrup Or Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk) 3
	tact the food service direc- tor at 914-737-0201 Ext 322	26 Whole Wheat French Toast w/ Syrup Or	27 Egg Patty W/ American Cheese On a Whole Wheat Bun Or	28 Low Fat Vanilla Yogurt w/ Peaches and Granola Or	29 Whole Wheat Apple Cinnamon Muffin Or	30 Whole Wheat French Toast w/ Syrup Or	3
	WE PURCHASE LOCAL! Produce is purchased through regional suppliers when seasonably available. Visit www.Whitsons.com to see all that we are doing to help save the environment!	Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	Whole Wheat Bagel w/ Cream Cheese Juice or Fruit	Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice or Milk	Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	Whole Wheat Bagel w/ Cream Cheese Juice or Fruit Choice of Milk	
	USDA is an equal opportunity provider and employer	DID YOU KNOW? Milk & Chicken condiments are low fat - Teriyaki s wraps, taco shells, nacho chips, pi contains no artificial ingredients - P	auce & soy sauce are low sodium - anini bread, teriyaki sauce, soy sau Pancakes & waffles are w. grain & c	free - All dressings are all natural, w - Sliced bread, hamburger buns & h uce & all condiments are free of any ontain no artificial colors or flavors - phin safe & packed in water - Fish st	ith no artificial ingredients & no HFC tot dog buns are 100% w. grain & c y partially hydrogenated oils & HFC All pasta is Barilla w. grain - All rice	ontain no HFCS - Breads, tortilla S - Yogurt is 100% all natural & a is brown - Pizza crust at secon-	
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	838 1687	
	DID YOU KNOW? Milk & Chicken	n products are hormone & antibiotic free - All dressings are all natural, with no artificial ingredients & no HFCS (high fructose corn syrup) - All
	condiments are low fat - Teriyaki s wraps, taco shells, nacho chips, p contains no artificial ingredients - F	sauce & soy sauce are low sodium - Sliced bread, hamburger buns & hot dog buns are 100% w. grain & contain no HFCS - Breads, tortilla banini bread, teriyaki sauce, soy sauce & all condiments are free of any partially hydrogenated oils & HFCS - Yogurt is 100% all natural & Pancakes & waffles are w. grain & contain no artificial colors or flavors - All pasta is Barilla w. grain - All rice is brown - Pizza crust at secon- ary level is whole wheat - Tuna is dolphin safe & packed in water - Fish sticks have whole grain breading - Flavored milk contains no HFCS

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	condiments are low fat - Teriyaki sa wraps, taco shells, nacho chips, pa contains no artificial ingredients - P	auce & soy sauce are low sodium - anini bread, teriyaki sauce, soy sau ancakes & waffles are w. grain & co	Sliced bread, hamburger buns & ho ce & all condiments are free of any ontain no artificial colors or flavors -	ith no artificial ingredients & no HFCS ot dog buns are 100% w. grain & con γ partially hydrogenated oils & HFCS All pasta is Barilla w. grain - All rice is icks have whole grain breading - Flavc	tain no HFCS - Breads, tortilla - Yogurt is 100% all natural & s brown - Pizza crust at secon-
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